BIRMINGHAM INDEPENDENT COLLEGE

Health and Safety Policy

Last reviewed on: 10/2024

Next review due by: 10/2025

Aims

- Our college aims to:
- Provide and maintain a safe and healthy environment
- Establish and maintain safe working procedures amongst staff, pupils and all visitors to the college site
- Have robust procedures in place in case of emergencies
- Ensure that the premises and equipment are maintained safely, and are regularly inspected

1. Legislation

This policy is based on advice from the Department for Education on <u>health and safety in</u> schools and thefollowing legislation:

- > The Health and Safety at Work etc. Act 1974, which sets out the general duties employers have towardsemployees and duties relating to lettings
- > The Management of Health and Safety at Work Regulations 1992, which require employers to make an assessment of the risks to the health and safety of their employees
- > The Management of Health and Safety at Work Regulations 1999, which require employers to carry out risk assessments, make arrangements to implement necessary measures, and arrange forappropriate information and training
- > The Control of Substances Hazardous to Health Regulations 2002, which require employers to controlsubstances that are hazardous to health
- > The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) 2013, which state that some accidents must be reported to the Health and Safety Executive and set out the timeframefor this and how long records of such accidents must be kept
- > The Health and Safety (Display Screen Equipment) Regulations 1992, which require employers to carryout digital screen equipment assessments and states users' entitlement to an eyesight test
- > The Gas Safety (Installation and Use) Regulations 1998, which require work on gas fittings to be carriedout by someone on the Gas Safe Register
- > The Regulatory Reform (Fire Safety) Order 2005, which requires employers to take general fireprecautions to ensure the safety of their staff
- > <u>The Work at Height Regulations 2005</u>, which requires employers to protect their staff from falls from height

2. Roles and responsibilities

2.1 The Proprietary board

The proprietary board has ultimate responsibility for health and safety matters in the school, but will delegateday-to-day responsibility to Hermin McIntosh, Head of College.

The proprietary board has a duty to take reasonable steps to ensure that staff and pupils are not exposed to risks to their health and safety. This applies to activities on or off the college premises.

The proprietary board as the employer, also has a duty to:

- Assess the risks to staff and others affected by college activities in order to identify and introduce the health and safety measures necessary to manage those risks
- Inform employees about risks and the measures in place to manage them
- Ensure that adequate health and safety training is provided

2.2 Headteacher

The headteacher is responsible for health and safety day-to-day. This

involves:

- Implementing the health and safety policy
- Ensuring there is enough staff to safely supervise pupils
- Ensuring that the college building and premises are safe and regularly inspected
- Providing adequate training for college staff
- Reporting to the governing board on health and safety matters
- Ensuring appropriate evacuation procedures are in place and regular fire drills are held
- Ensuring that in their absence, health and safety responsibilities are delegated to another member of staff
- Ensuring all risk assessments are completed and reviewed
- Monitoring cleaning contracts, and ensuring cleaners are appropriately trained and have access topersonal protective equipment, where necessary

In the headteacher's absence, Vivienne Lambert, Operations Manager assumes the above day-to-day health and safety responsibilities.

2.3 Health and safety lead

The nominated health and safety lead is Vivienne Lambert, Operations Manager.

2.4 Staff

College staff have a duty to take care of pupils in the same way that a prudent parent would do so.

Staff will:

- Take reasonable care of their own health and safety and that of others who may be affected by what theydo at work
- Co-operate with the college on health and safety matters
- Work in accordance with training and instructions
- Inform the appropriate person of any work situation representing a serious and immediate danger so thatremedial action can be taken
- Model safe and hygienic practice for pupils
- Understand emergency evacuation procedures and feel confident in implementing them

2.5 Pupils and parents

Pupils and parents are responsible for following the college's health and safety advice, on-site and off-site, and for reporting any health and safety incidents to a member of staff.

2.6 Contractors

Contractors will agree health and safety practices with the headteacher before starting work. Before work begins, the contractor will provide evidence that they have completed an adequate risk assessment of all theirplanned work.

3. Site security

Vivienne Lambert, Operations Manager, is responsible for the security of the college site in and out of college hours. They are responsible for visual inspections of the site, and for the intruder and fire alarm systems.

Hermin McIntosh and Vivienne Lambert are key holders and will respond to an emergency.

4. Fire

Emergency exits, assembly points and assembly point instructions are clearly identified by safety signs and notices. Fire risk assessment of the premises will be reviewed regularly.

Emergency evacuations are practiced at least once a term. The fire alarm is a loud continuous bell.

Fire alarm testing will take place once a week.

New staff will be trained in fire safety and all staff and pupils will be made aware of any new fire risks.

In the event of a fire:

- The alarm will be raised immediately by whoever discovers the fire and emergency services contacted. Evacuation procedures will also begin immediately
- Fire extinguishers may be used by staff only, and only then if staff are trained in how to operate them and are confident they can use them without putting themselves or others at risk
- Staff and pupils will congregate at the assembly points. These are the Witton Rd/Victoria Road car park area.
- Form tutors/class teachers will take a register of pupils, which will then be checked against the attendance register of that day.
- The Head of College will take a register of all staff.
- Staff and pupils will remain outside the building until the emergency services say it is safe to reenter.

The college will have special arrangements in place for the evacuation of people with mobility needs (personal emergency evacuation plan – PEEPs) and fire risk assessments will also pay particular attention to those with disabilities.

A fire safety checklist and fire evacuation plan can be found in appendix 1

5. COSHH

Schools are required to control hazardous substances, which can take many forms. including:

- Chemicals
- Products containing chemicals
- Fumes
- Dusts
- Vapours
- Mists
- Gases and asphyxiating gases
- Germs that cause diseases, such as leptospirosis or legionnaires disease

Control of substances hazardous to health (COSHH) risk assessments are completed by Vivienne Lambert, Operations Manager, and circulated to all employees who work with hazardous substances. Staff will also be provided with protective equipment, where necessary.

Our staff use and store hazardous products in accordance with instructions on the product label. All hazardous products are kept in their original containers, with clear labelling and product information.

Any hazardous products are disposed of in accordance with specific disposal procedures. Emergency procedures, including procedures for dealing with spillages, are displayed near where hazardousproducts are stored and in areas where they are routinely used.

6. Gas safety

- Installation, maintenance and repair of gas appliances and fittings will be carried out by a competent GasSafe registered engineer
- Gas pipework, appliances and flues are regularly maintained
- All rooms with gas appliances are checked to ensure they have adequate ventilation
- All equipment and machinery is maintained in accordance with the manufacturer's instructions. In addition, maintenance schedules outline when extra checks should take place
- When new equipment is purchased, it is checked to ensure it meets appropriate educational standards
- All equipment is stored in the appropriate storage containers and areas. All containers are labelled with the correct hazard sign and contents

7. Electrical equipment

- All staff are responsible for ensuring they use and handle electrical equipment sensibly and safely
- Any pupil or volunteer who handles electrical appliances does so under the supervision of the member ofstaff who so directs them
- Any potential hazards will be reported to Vivienne Lambert, Operations Manager, immediately
- Permanently installed electrical equipment is connected through a dedicated isolator switch andadequately earthed
- Only trained staff members can check plugs
- Where necessary, a portable appliance test (PAT) will be carried out by a competent person
- All isolator switches are clearly marked to identify their machine
- Electrical apparatus and connections will not be touched by wet hands and will only be used in dryconditions
- Maintenance, repair, installation and disconnection work associated with permanently installed or portableelectrical equipment is only carried out by a competent person

8. PE equipment

- Pupils are taught how to carry out and set up PE equipment safely and efficiently.
 Staff check thatequipment is set up safely
- Any concerns about the condition of the gym floor or other apparatus will be reported to the Vivienne Lambert, Operations Manager.

9. Display screen equipment

 All staff who use computers daily as a significant part of their normal work have a display screen equipment (DSE) assessment carried out. 'Significant' is taken to be continuous/near continuous spells of an hour or more at a time • Staff identified as DSE users are entitled to an eyesight test for DSE use upon request, and at regular intervals thereafter, by a qualified optician (and corrective glasses provided if required specifically for DSEuse)

10. Specialist equipment

Parents are responsible for the maintenance and safety of their children's wheelchairs. In college, staff promote the responsible use of wheelchairs.

Oxygen cylinders are stored in a designated space, and staff are trained in the removal, storage and replacement of oxygen cylinders.

11.Lone working

Lone working may include:

- Late working
- Home or site visits

Weekend working

- Site manager duties
- Site cleaning duties
- Working in a single occupancy office
- Remote working, self-isolation and/or remote learning

Potentially dangerous activities, such as those where there is a risk of falling from height, will not be undertaken when working alone. If there are any doubts about the task to be performed, then the task will be postponed until other staff members are available.

If lone working is to be undertaken, a colleague, friend or family member will be informed about where the member of staff is and when they are likely to return.

The lone worker will ensure they are medically fit to work alone.

12. Working at height

We will ensure that work is properly planned, supervised and carried out by competent people with the skills,knowledge and experience to do the work.

In addition:

- The Vivienne Lambert, Operations Manager, retains ladders for working at height
- Pupils are prohibited from using ladders
- Staff will wear appropriate footwear and clothing when using ladders
- Contractors are expected to provide their own ladders for working at height
- Before using a ladder, staff are expected to conduct a visual inspection to ensure its safety
- Access to high levels, such as roofs, is only permitted by trained persons

13. Manual handling

It is up to individuals to determine whether they are fit to lift or move equipment and furniture. If an individual feels that to lift an item could result in injury or exacerbate an existing condition, they will ask for assistance.

The college will ensure that proper mechanical aids and lifting equipment are available in school, and that staffare trained in how to use them safely.

Staff and pupils are expected to use the following basic manual handling procedure:

- Plan the lift and assess the load. If it is awkward or heavy, use a mechanical aid, such as a trolley, or askanother person to help
- Take the more direct route that is clear from obstruction and is as flat as possible
- Ensure the area where you plan to offload the load is clear
- When lifting, bend your knees and keep your back straight, feet apart and angled out. Ensure the
 load isheld close to the body and firmly. Lift smoothly and slowly and avoid twisting, stretching
 and reaching where practicable

14. Off-site visits

When taking pupils off the college premises, we will ensure that:

- Risk assessments will be completed where off-site visits and activities require them
- All off-site visits are appropriately staffed
- Staff will take a college mobile phone, a portable first aid kit, information about the specific medical needsof pupils, along with the parents' contact details

15. Violence at work

We believe that staff should not be in any danger at work, and will not tolerate violent or threatening behaviour towards our staff.

All staff will report any incidents of aggression or violence (or near misses) directed to themselves to their linemanager/headteacher immediately. This applies to violence from pupils, visitors or other staff.

16. Smoking

Smoking is not permitted anywhere on the college premises.

17. Infection prevention and control

We follow national guidance published by the UK Health Security Agency when responding to infection controlissues. We will encourage staff and pupils to follow this good hygiene practice, outlined below, where applicable.

a. Handwashing

- Wash hands with liquid soap and warm water, and dry with paper towels
- Always wash hands after using the toilet, before eating or handling food, and after handling animals

• Cover all cuts and abrasions with waterproof dressings

b. Coughing and sneezing

- Cover mouth and nose with a tissue
- Wash hands after using or disposing of tissues
- Spitting is discouraged

c. Personal protective equipment

- Wear disposable non-powdered vinyl or latex-free CE-marked gloves and disposable plastic aprons wherethere is a risk of splashing or contamination with blood/body fluids (for example, nappy or pad changing)
- Wear goggles if there is a risk of splashing to the face
- Use the correct personal protective equipment when handling cleaning chemicals
- Use personal protective equipment (PPE) to control the spread of COVID-19 where required orrecommended by government guidance and/or a risk assessment

d. Cleaning of the environment

• Clean the environment frequently and thoroughly

e. Cleaning of blood and body fluid spillages

- Clean up all spillages of blood, faeces, saliva, vomit, nasal and eye discharges immediately and wearpersonal protective equipment
- When spillages occur, clean using a product that combines both a detergent and a disinfectant, and use as per manufacturer's instructions. Ensure it is effective against bacteria and viruses, and suitable for useon the affected surface
- Never use mops for cleaning up blood and body fluid spillages use disposable paper towels and discardclinical waste as described below
- Make spillage kits available for blood spills

f. Laundry

- Wash laundry in a separate dedicated facility
- Wash soiled linen separately and at the hottest wash the fabric will tolerate
- Wear personal protective clothing when handling soiled linen
- Bag children's soiled clothing to be sent home, never rinse by hand

g. Clinical waste

- Always segregate domestic and clinical waste, in accordance with local policy
- Used nappies/pads, gloves, aprons and soiled dressings are stored in correct clinical waste bags in foot-operated bins
- Remove clinical waste with a registered waste contractor
- Remove all clinical waste bags when they are two-thirds full and store in a dedicated, secure area whileawaiting collection

18. Occupational stress

We are committed to promoting high levels of health and wellbeing, and recognise the importance of identifying and reducing workplace stressors through risk assessment.

Systems are in place within the college for responding to individual concerns and monitoring staff workloads.

19. Accident reporting

a. Accident record book

- An accident form will be completed as soon as possible after the accident occurs by the member of staffor first aider who deals with it. An accident form template can be found in appendix 2
- As much detail as possible will be supplied when reporting an accident
- Information about injuries will also be kept in the pupil's educational record
- Records held in the first aid and accident book will be retained by the college for a minimum of 3 years, inaccordance with regulation 25 of the Social Security (Claims and Payments) Regulations 1979, and thensecurely disposed of.

b. Reporting to the Health and Safety Executive

The Operations Manager will keep a record of any accident that results in a reportable injury, disease, ordangerous occurrence as defined in the RIDDOR 2013 legislation (regulations 4, 5, 6 and 7).

The Operations Manager will report these to the Health and Safety Executive as soon as is reasonablypracticable and in any event within 10 days of the incident.

Reportable injuries, diseases or dangerous occurrences include:

- Death
- Specified injuries. These are:
 - i. Fractures, other than to fingers, thumbs and toes
 - ii. Amputations
 - iii. Any injury likely to lead to permanent loss of sight or reduction in sight
 - iv. Any crush injury to the head or torso causing damage to the brain or internal organs
 - v. Serious burns (including scalding)
 - vi. Any scalping requiring hospital treatment

- vii. Any loss of consciousness caused by head injury or asphyxia
- viii. Any other injury arising from working in an enclosed space, which leads to hypothermia or heat-induced illness, or requires resuscitation or admittance to hospital for more than 24 hours
- Injuries where an employee is away from work or unable to perform their normal work duties for more than7 consecutive days
- Where an accident leads to someone being taken to hospital
- Where something happens that does not result in an injury, but could have done
- Near-miss events that do not result in an injury, but could have done. Examples of near-miss eventsrelevant to schools include, but are not limited to:
 - ix. The collapse or failure of load-bearing parts of lifts and lifting equipment
 - x. The accidental release of a biological agent likely to cause severe human illness
 - xi. The accidental release or escape of any substance that may cause a serious injury or damage tohealth
 - xii. An electrical short circuit or overload causing a fire or explosion

Information on how to make a RIDDOR report is available here: How to make a RIDDOR report – http://www.hse.gov.uk/riddor/report.htm

c. Reporting to Ofsted

The Head of College will notify Ofsted of any serious accident, illness or injury to, or death of, a pupil while in the school's care. This will happen as soon as is reasonably practicable, and no later than 14 days after the incident.

20. Training

Our staff are provided with health and safety training as part of their induction process.

Staff who work in high risk environments, such as in science labs or with woodwork equipment, or work withpupils with special educational needs (SEN), are given additional health and safety training.

21. Monitoring

This policy will be reviewed by the Operations Manager every 2 years. At every review, the policy will be approved by the Head of College.

22. Links with other policies

This health and safety policy links to the following policies:

- First aid
- Risk assessment
- Supporting pupils with medical conditions
- Accessibility plan
- COVID-19 risk assessment
- Remote learning

Appendix 1. Fire safety checklist

ISSUE TO CHECK	YES/NO
Are fire regulations prominently displayed?	
Is fire-fighting equipment, including fire blankets,in place?	
Does fire-fighting equipment give details for the type of fire it should be used for?	
Are fire exits clearly labelled?	
Are fire doors fitted with self-closing mechanisms?	
Are flammable materials stored away from open flames?	
Do all staff and pupils understand what to do in the event of a fire?	
Can you easily hear the fire alarm from all areas?	

Fire Evacuation Plan

Upon hearing the fire alarm sound, which is a loud long continue ring, everyone must leave the area they are in make their way to the nearest fire exit. All fire exits are clearly marked by a green and white sign marked 'fire exit' with an arrow pointing in the direction of the nearest exit.

3rd Floor Exit

If you are on the 3rd floor when the fire alarm is activated your nearest fire exit is on the 2nd floor next to Classroom 2a. Go down one flight of stairs, turn right walk along the corridor, turn left, enter through the fire door, turn right into classroom 2a and then go through the fire exit, across the room leave the building and go down the external fire escape stairs, along the garden of no.1 Witton Rd, through the alleyway onto Witton Road. Then turn left walk along Witton Road and then congregate at the fire assembly point on Victoria Road/Witton Road Car Park area.

2nd Floor Location Classroom 3

If you are on the 2nd floor in Classroom 3 when the fire alarm is activated your nearest fire exit is on the 2nd floor in Classroom 2a. Leave the classroom walk along the corridor, turn left, enter through the fire door, turn right into classroom 2a and then go through the fire exit, across the room leave the building and go down the external fire escape stairs, along the garden of no.1 Witton Rd, through the alleyway onto Witton Road. Then turn left walk along Witton Road and then congregate at the fire assembly point on Victoria Road/Witton Road Car Park area.

2nd Floor Location Classroom 2

If you are on the 2nd floor in Classroom 2 when the fire alarm is activated your nearest fire exit is on the 2nd floor in Classroom 2a. Leave the classroom turn left into classroom 2a and then go through the fire exit, across the room leave the building and go down the external fire escape stairs, along the garden of no.1 Witton Rd, through the alleyway onto Witton Road. Then turn left walk along Witton Road and then congregate at the fire assembly point on Victoria

Road/Witton Road Car Park area

1st Floor Location Main Hall

If you are in the main hall when the fire alarm is activated your nearest fire exit is in the main hall. You should walk across the main hall and go through the fire exit door, down the external steps and then turn left walk along Witton Road and then congregate at the fire assembly point on Victoria Road/Witton Road Car Park.

Ground Floor Location

If you are in the ground floor when the fire alarm is activated your nearest fire exit is on ground floor at the main entrance. You should make your way along the corridor then go up the steps and through the fire exit door turn left walk along Witton Road and then congregate at the fire assembly point on Victoria Road/Witton Road Car Park.

Appendix 2. Accident report

Name of injured person		Role/class			
Date and time of incident		Location ofincident			
Incident details					
Describe in detail what happened, how it happened and what injuries the person incurred					
Action taken					
Describe the steps taken in response to the incident, including any first aid treatment, and what					
happened tothe injured person immediately afterwards					
Follow-up action required	Follow-up action required				
Outline what steps the college will take to check on the injured person, and what it will do to reduce the risk of the incident happening again					
Name of person attending the incident					
Signature		Date			

Appendix 3. Recommended absence period for preventing the spread of infection

This list of recommended absence periods for preventing the spread of infection is taken from non-statutoryguidance for schools and other childcare settings from the UK Health Security Agency. For each of these infections or complaints, there is further information in the guidance on the symptoms, how it spreads and some 'dos and don'ts' to follow that you can check.

In confirmed cases of COVID-19, we will follow the recommended self-isolation period based on governmentguidance.

Infection or complaint	Recommended period to be kept away from college or nursery
Athlete's foot	None.
Campylobacter	Until 48 hours after symptoms have stopped.
Chicken pox (shingles)	Cases of chickenpox are generally infectious from 2 days before the rash appears to 5 days after the onset of rash. Although the usual exclusion periodis 5 days, all lesions should be crusted over before children return to nursery or school. A person with shingles is infectious to those who have not had
	chickenpoxand should be excluded from college if the rash is weeping and cannot be covered or until the rash is dry and crusted over.
Cold sores	None.
Rubella (German measles)	5 days from appearance of the rash.
Hand, foot and mouth	Children are safe to return to college or nursery as soon as they are feelingbetter, there is no need to stay off until the blisters have all healed.
Impetigo	Until lesions are crusted and healed, or 48 hours after starting antibiotic treatment.
Measles	Cases are infectious from 4 days before onset of rash to 4 days after, so it isimportant to ensure cases are excluded from college during this period.
Ringworm	Exclusion not needed once treatment has started.
Scabies	The infected child or staff member should be excluded until after the firsttreatment has been carried out.

Scarlet fever	Children can return to college 24 hours after commencing appropriate antibiotic treatment. If no antibiotics have been administered, the person willbe infectious for 2 to 3 weeks. If there is an outbreak of scarlet fever at the college or nursery, the health protection team will assist with letters and a factsheet to send to parents or carers and staff.
Slapped cheek syndrome,Parvovirus B19, Fifth's disease	None (not infectious by the time the rash has developed).
Bacillary Dysentery (Shigella)	Microbiological clearance is required for some types of shigella species priorto the child or food handler returning to school.
Diarrhoea and/or vomiting (Gastroenteritis)	Children and adults with diarrhoea or vomiting should be excluded until 48 hours after symptoms have stopped and they are well enough to return. If medication is prescribed, ensure that the full course is completed and there isno further diarrhoea or vomiting for 48 hours after the course is completed.
	For some gastrointestinal infections, longer periods of exclusion from college are required and there may be a need to obtain microbiological clearance. Forthese groups, your local health protection team, college health advisor or environmental health officer will advise.
	If a child has been diagnosed with cryptosporidium, they should NOT goswimming for 2 weeks following the last episode of diarrhoea.
Cryptosporidiosis	Until 48 hours after symptoms have stopped.
E. coli (verocytotoxigenicor VTEC)	The standard exclusion period is until 48 hours after symptoms have resolved. However, some people pose a greater risk to others and may be excluded until they have a negative stool sample (for example, precollege infants, food handlers, and care staff working with vulnerable people). The health protectionteam will advise in these instances.
Food poisoning	Until 48 hours from the last episode of vomiting and diarrhoea and they arewell enough to return. Some infections may require longer periods (local health protection team will advise).
Salmonella	Until 48 hours after symptoms have stopped.
Typhoid and Paratyphoidfever	Seek advice from environmental health officers or the local health protectionteam.
Flu (influenza)	Until recovered.

Tuberculosis (TB)	Pupils and staff with infectious TB can return to college after 2 weeks of treatment if well enough to do so and as long as they have responded to anti-TB therapy. Pupils and staff with non-pulmonary TB do not require exclusion and can return to college as soon as they are well enough.
Whooping cough(pertussis)	A child or staff member should not return to college until they have had 48 hours of appropriate treatment with antibiotics and they feel well enough to doso, or 21 days from onset of illness if no antibiotic treatment.
Conjunctivitis	None.
Giardia	Until 48 hours after symptoms have stopped.
Glandular fever	None (can return once they feel well).
Head lice	None.
Hepatitis A	Exclude cases from college while unwell or until 7 days after the onset of jaundice (or onset of symptoms if no jaundice, or if under 5, or where hygieneis poor. There is no need to exclude well, older children with good hygiene who will have been much more infectious prior to diagnosis.
Hepatitis B	Acute cases of hepatitis B will be too ill to attend college and their doctors will advise when they can return. Do not exclude chronic cases of hepatitis B or restrict their activities. Similarly, do not exclude staff with chronic hepatitis B infection. Contact your local health protection team for more advice if required.
Hepatitis C	None.
Meningococcal meningitis/septicaemia	If the child has been treated and has recovered, they can return to school.
Meningitis	Once the child has been treated (if necessary) and has recovered, they canreturn to school. No exclusion is needed.
Meningitis viral	None.
MRSA (meticillin resistantStaphylococcus aureus)	None.
Mumps	5 days after onset of swelling (if well).
Threadworm	None.
Rotavirus	Until 48 hours after symptoms have subsided.